



# Parish Weekend Away

arts & crafts

contemplative prayer

hiking

You can arrive Friday evening either before or after dinner,  
or Saturday morning, before or after breakfast.

board games

movie and discussion

Compline

## Join Us For All or Part: Friday–Sunday, Oct. 13–15

Getting-to-know-you activities and games

sports—volleyball, basketball, softball, frisbee — bring equipment!

Cost will be about \$80 (arrive Sat. after breakfast)  
to \$135 (arrive Friday for dinner).  
Scholarships available; talk with Frank Dunn.

lots of eating!

Taizé worship

singing

Morning Prayer

canoeing

Sign up on the sheet in the back of church or with Liane Rozzell  
at coffee hour or by email .  
Let us know if you can give a ride or if you need one.

Sunday eucharist

campfire singing—bring guitars  
and other instruments

*The Bishop Claggett Center is the retreat, camp and conference facility owned by the Episcopal Diocese of Maryland. The center encompasses a 277-acre Frederick County working farm situated on a bluff overlooking Sugarloaf Mountain and the scenic Monocacy River Valley.*

# BREAD

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Oct. 1, 2006

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The  
Seventeenth  
Sunday After  
Pentecost

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Number 1558

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**"WELCOME TO  
ST. STEPHEN'S:"  
A CLASS FOR  
NEWCOMERS**

MONDAYS  
OCT. 2 - NOV. 6  
7 - 8:30PM  
(LIGHT SUPPER AT  
6:30PM)

## BAPTISM

If you or a family member is interested in being baptized on All Saints Day (Sunday, November 5), please contact the church office.

## BREAD

is the newsletter of St. Stephen and the Incarnation Episcopal Church

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## Where We Went For Our Summer Vacations

### China



*Catie, Lia, Barb and Sarah at the Stone Forest of Yunnan province.*

**W**e had the trip of a lifetime when we joined 20 other adoptive families and went to the land of Catie's birth, China. We climbed the Great Wall, ate at a family's apartment, saw young gymnasts and opera students training, and visited Catie's hometown and finding spot, among other highlights. It was a wonderful way for Catie (and all of us) to learn more about China and the wonderful Chinese people.

*-Barb Neal, Sarah Davis, and Catie and Lia*

### Dia de los Muertos

On Sunday, October 29, the people of the Misa Alegría would like to invite all parishioners to join them in a celebration of *Dia de los Muertos* (Day of the Dead) celebrated in the Mexican tradition. The Spanish-language service is at 5pm at St. Stephen's, followed by a potluck supper. More details in the next issue of BREAD.

### South Africa



*Rev. Dr. Spiwo Xapile, pastor of J.L. Zwane Uniting Presbyterian Church in Guguletu township, where Linda and Liane spent a fair bit of time.*

**A**s many of you have heard by now, we spent a couple of weeks this summer in South Africa. We had heard so much from Brian Best and Jane Lincoln about their great trip a couple of years ago, we decided to follow in their footsteps. We had a marvelous time, met wonderful people, and were really touched by the wisdom and love of the South Africans we met. We even went on a safari where we saw giraffes, elephants, antelope, zebras, and lots of birds. Just ask Linda and she will show you pictures. We have stories galore.

*-Linda Kaufman & Liane Rozzell*

### Volunteers Needed I

The Flower Guild is searching for volunteers with or without previous experience—we will train you if necessary. Interested? Contact Vivian McFarland.

## The Holy Land



*Robin (second from left), in the Nazareth Hospital chapel.*

One of my dreams has been to make a pilgrimage to the Holy Land. In June I was fortunate to be given a scholarship to study for two weeks at St. George's Anglican College in Jerusalem—just a few weeks before violence broke out. At that time we all commented on how safe it was to be there. While we studied and visited the holy sites, we also heard from both Israelis and Palestinians about the current situation and their visions for their future.

At the end of the course I went to Nazareth where I spent a week as a volunteer chaplain at the Nazareth Hospital, which serves the local people who are primarily Arabic speaking, both Christian and Muslim. The cultural prejudices against women in the role of religious leader as well as the language differences made this a difficult but eye opening week. The apartment where I was housed was shared with a young English medical student and two German nurses, both volunteers, and we had many adventures including a visit to a service at a Messianic Jewish Synagogue. I was especially honored to have been invited to the homes of those with whom I worked - a Baptist chaplain and

## The American West



*Clara, Jonah, Jane and Brian at the very top of Mt. Lassen, 10,547 feet above sea level .*

Over three and a half weeks, we explored the West—especially central Oregon, Northern California, and New Mexico. Travelling by train and car, we went from DC to Denver; along the way we passed within 30 miles of Canada and 30 miles of Mexico and dipped our toes in the Pacific. We explored lava caves, toured a thousand-year-old Native American settlement, white-water rafted around recent lava flows, played among some of the tallest redwoods, and visited family. And we hiked to the top of California's Mt. Lassen, the southernmost volcano of the Cascade Mountain.

*-Brian Best, Jane Lincoln, and Jonah and Clara*

a woman who worked in the kitchen - both of whom spoke some English but whose families only spoke Arabic, and to share a meal with their families.

*-Robbin Melchiorre*

## WORSHIP at St. Stephen's

### Sundays

#### 8:00a—

Holy Eucharist,  
Rite I

#### 10:30a—

Holy Eucharist,  
Rite II with  
Children's  
Spiritual  
Formation

#### 5:00pm—

Misa en Español

Celebrants and  
Preachers

**11/1:** The Rev.  
Frank Dunn

**11/8:** The Rev.  
Linda Kaufman

FROM  
KATY KINCADE:

A lot of you have asked me about my post-Christian phase and about the movie “What the #@!!\$\* Do We Know?”

It’s a mind-bending movie about the implications of quantum physics theory for philosophy and religion.

I’m going to show it at my house Saturday October 7 at 7pm. All are invited. Munchies and drinks provided.

-Katy Kincade

## Summer Vacations, Continued

### Ireland



*Fern and Mary Alcuin, hiking in Ireland.*

**D**id you know that Irish civilization goes back more than 5,000 years and that signs of the rich history and culture of the Irish people can be seen in modern Ireland?

Did you know that Ireland has the largest population of 15-24 year olds in the European Union and has enjoyed a large influx of immigrants from around the world including Europe and Africa?

These are some of the surprising things I learned when we went to Ireland for two weeks this summer.

Our trip divided itself into three parts. We drove through County Galway, stopping in Galway, a very lively university town, and at several villages. We took a ferry to the austere beautiful island of Inisboffin for a too brief stay. Pictures cannot capture the overwhelming beauty of the scenery.

The next part of our trip was a walking tour—hiking on paths through the countryside of the “Ring of Kerry” in County Kerry. We had the pleasure of hearing Irish traditional music in a pub, and Fern wound up singing an Irish sea shanty there. The walk itself was challenging at times but we were rewarded with beautiful rolling farmland, creeks

### Nova Scotia

**T**wo years ago, Cathy and I went out on a limb by buying a vacation house where we hoped our children and grandchildren would join us occasionally. In August it happened.

We had both daughters, both grandsons and our son-in-law there together—the grandsons and their mother for two whole weeks. Much about it was hard work, but we’re told to count our blessings, and that’s easy.

A few memories I wouldn’t trade for anything: swimming and messing around in boats with grandsons (3 and 5), who—without knowing it—learned about buoyancy, mass and inertia, and were their best selves while in or beside the lake; sunset dinners on the deck, at one of which we attacked five lobsters that totaled 20 pounds (hammer and hatchet required); building, launching, using and successfully removing a seriously top-heavy swimming float (that will become the beginnings of a family legend); Cathy finishing *Charlotte’s Web* with five-year-old Ben while grownups, one-by-one stopped their chores and silently moved into earshot, tears streaming down our cheeks.

-Tom Bell

and mountains bounded by the Atlantic Ocean. Most surprising and rewarding of all was our chance to spend several days of total immersion in Irish history and language because of our incomparable guide Michael Keane.

The last leg was a train ride to Dublin. Parishioner Gerry Fitzgerald and Julie Byrne generously allowed us to use their home in Drogheda as a home base while we there.

-Fern Hunt and Mary Alcuin Kelly

## Now Showing: "Domini Est Terra"



*Photographs by four gifted photographers, all members of the parish community, through the end of October, in the church.*

## Contemplative Prayer Group Ends

**T**he Tuesday evening Contemplative Prayer group at St. Stephen and the Incarnation has brought me peace and joy over the past year. Weekly, it brought silent prayer intentionally to our church and our community, feeding those who participated.

The group had as many as eight people and as few as two gathering to listen to God in silence. I found fellowship there and also learned and expanded myself by leading a prayer group. Those who participated felt touched by the Holy Spirit. I feel enrich

by the experience and thank you for this.

However, after one year, the group has dissolved. We still practice silent prayer, as many of you do, but will no longer gather on Tuesday evenings in the sanctuary. Our fellowship will find expression in different forms. There are still many opportunities in the area for joining in fellowship and silence. One resource is Contemplative Outreach of Metropolitan Washington, <http://www.comwcp.org/groups.html>.

-Susan Kyle

## Volunteers Needed II

Loaves and Fishes is eager to enlarge its Program Management Group, Skills such as grant writing, consulting, budgeting, or record keeping are needed— as well as on-hand involvement in preparing and serving the meals. Interested? Contact Vivian McFarland.

## Volunteers Needed III

The average age of our Altar Guild members is 75 years old. We would welcome new members to help with the chores as well as to carry on this tradition of sacred ministry. Interested? Contact Vivian McFarland.

## UPCOMING EVENTS

### Forum

Sundays,  
9:15am,:

#### \*October 1:

"If We Could all Just be People: Conversations across the divide of body, mind and spirit"

#### •October 8:

"Beastly Behavior: Beyond Bioethics."

#### •October 15:

"Hymn Sing"

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Mondays,  
Oct 2 - Nov. 6,  
7-8:30pm:

**"Welcome to St. Stephen's"**

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October  
13-15:

**Parish Weekend in the Country**

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Saturday,  
Oct. 21

8:45 - Noon:

**Training for reading lections during worship services**

(light breakfast provided)

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# LECTIONS

17th Sunday after Pentecost (October 1)

Esther 7:1-6, 9-10; 9:20-22  
Psalm 124  
James 5:13-20  
Mark 9:38-50

18th Sunday after Pentecost (October 8)

Job 1:1, 2:1-10  
Psalm 26  
Hebrews 1:1-4, 2:5-12  
Mark 10:2-16

## in this issue ...

Parish Weekend Away  
Page 1

Summer Vacations  
Pages 2-4

Upcoming Events  
Page 5

# THE SAINTS

**Monday, October 2**  
*Birthday: Earl Foote*

**Wednesday, October 4**  
FRANCIS OF ASSISI, FRIAR, 1226

**Thursday, October 5**  
*Anniversary: Dewey and Rene Holloway*

**Friday, October 6**  
WILLIAM TYNDALE, PRIEST, 1536  
*Anniversary: Judith and Tim Timol*

**Sunday, October 8**  
*Birthday: Dewey Holloway Sr.*

**Monday, October 9**  
ROBERT GROSSETESTE, BISHOP OF LINCOLN, 1253  
*Birthday: Greg Holloway, Isabel Muffett*

**Tuesday, October 10**  
*Birthday: Daphne Piper*

**Wednesday, October 11**  
PHILIP, DEACON AND EVANGELIST  
*Heavenly Birthday: Iris Brathwaite, 1988*

**Thursday, October 12**  
*Birthday: Inez Haynes*

**Friday, October 13**  
*Birthday: Paul Matsuda-Lawrence*  
*Anniversary: Gregory and Beverly Holloway*

**Saturday, October 14**  
*Heavenly Birthday: Ruth Webster, 2000*

ON THE COVER...  
Fern Hunt and Mary Alcuin Kelly

# THE PRAYERS

Here's who we've been praying for recently:

•Jennifer Blackman, Martha Carty, Elizabeth Palmberg, and all who desire to be restored to health; those who are home-bound; and all who care for aging relatives, the sick and the home-bound;

•Duane Bonds, Helen Bonds (mother of Duane), Taylor Bronaugh (uncle of Susan Kyle), Louisa Brown, Thomas Byrne (relative of Gerry Fitzgerald), Jamal Duncan and Ryan Kaufman (sons of Linda Kaufman and Liane Rozzell), Stephanie Holodnak (daughter of Martin Padarathsingh), Thomas Phillips (brother of Emily Phillips; he is deployed in the Mideast), and all those who have been commended to our prayers.

## BREAD

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